

6 QUESTIONS TO ASK A **MENTOR**





INTRODUCTION

What is mentoring?

One of the most common questions we get asked is 'what is mentoring?'. As a mentoring and career progression platform, it's our job to make all things mentoring more accessible. Simply put, mentoring is the act of one individual offering help and support to another individual, with the goal of professional and personal development. Mentoring is often conducted between two people in the same company, industry or network. However, this varies for every individual and what goals they're looking to achieve.

What is a mentee?

A mentee is an individual with specific professional, personal or both goals they are looking to achieve, seeking out the help of a mentor. The role of the mentee is to continuously learn, accept constructive feedback and listen carefully to their mentor.



QUESTIONS

What are your current career role and responsibilities?

A good initial question for a mentee to ask is what the mentor's role and responsibilities are. This will give a mentee a clear understanding of their experience and the work that they carry out, for the mentee to ensure asking the right questions of the mentor.

How did you get to where you are in your career?

Again, a question for the mentee to ask early in the mentoring relationship is how the mentor has come to be where they are in their career. Finding out about their previous roles, different organisations they've worked in and how they have come to be in the role they currently are in will help the mentee to understand career paths and relevant questions to ask.

What are you hoping to get from mentoring me?

Mentors may have several reasons for mentoring and sharing these with a mentee can help both parties to ensure that the mentoring relationship is mutually beneficial.



QUESTIONS

What would you do to become X in 6 months?

Within 'X' the mentee should insert an achievable career goal or aim. They can also choose whether the timeframe is, realistically, 6 months, 12 months or even longer-term. Asking the mentor this question is fairly broad so the mentee should give the mentor time to reflect on this and answer accordingly.

What inspires you and how would you recommend I find inspiration?

Asking your mentor about how they find such traits as inspiration and how they would recommend the mentee finds them too can be extremely valuable and eye-opening for the mentee to understand.

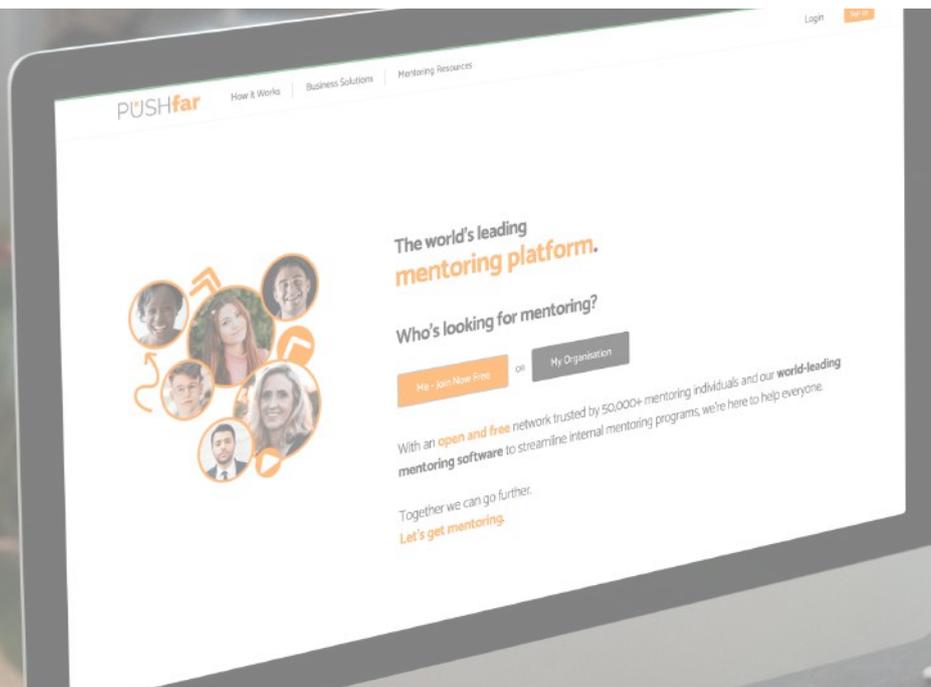
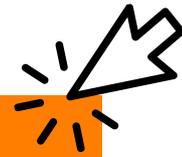
What would you have done differently in your career?

A really broad but exciting question to get to the heart of mentoring can be focused around what the mentor would have done differently and how they would approach their career, challenges they faced and circumstances they went through if they had their time again. One of the key benefits of mentoring is learning from a mentor's mistakes.

ABOUT PUSHFAR.

PushFar is the world's leading mentoring and career progression platform, helping thousands of individuals and organisations across the globe. Our cloud-based platform is the perfect solution for implementing a mentoring program within your company to meet organisational and employee goals. Our platform enables you to build highly effective, customisable and scalable mentoring programs for your team members. Our data-driven algorithm, easy-to-use platform, and efficient features create a truly seamless experience.

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